



## At Home in Greenwich

20 Bridge Street  
Greenwich, CT 06830

# news

Fall 2007

## WELCOME!

**W**e are delighted to bring you the first issue of *At Home News*, the quarterly newsletter of At Home in Greenwich. In the spring of 2006, a small band of Greenwich residents were inspired to help make aging in place a safe, viable and practical choice. Now, just 18 months and many meetings and community gatherings later, At Home in Greenwich is preparing to launch, hopefully, in early 2008.

At Home in Greenwich, an innovative non-profit organization, is the wave of the future, an alternative to assisted living facilities. At Home in Greenwich offers Greenwich residents a flexible plan and the peace of mind to enjoy a safe, independent and active life while remaining in their own homes. One simple phone call will give members access to a whole range of services and opportunities for socialization.

The response from the Greenwich community has been overwhelming, which shouldn't surprise us, since nearly 30 percent of Greenwich residents are 55 years of age or older, with the 85-and-over age group the fastest growing portion of our population.

In order to launch successfully we need 100 paid-up members and donations of \$100,000 for the first year's operation. Much of that funding will go towards the salary and benefits of a qualified Executive Director. We are pleased to report that as of this writing we are more than 60 percent towards our fundraising goal and we are hopeful that membership will top our expectation of 100 charter members.

### BOARD OF DIRECTORS

Marilyn Chou, *President*  
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*Director, Design Center, Cooper Union*  
Henry Markley, M.D.  
*Former Director, Home Care Services,  
Greenwich Hospital*

*(list in formation)*

Editor: Phyllis Herman

## HOW TO JOIN AT HOME IN GREENWICH

The membership fee for 2008 will be \$500 for individuals and \$650 for couples residing in the same house. Those who join before December 31, 2007 will be considered charter members. “Charter Leaders” will have the option of locking in this earlybird rate for 2009 by paying \$1,000 per person or \$1300 per household of two. All membership fees are good for one year from the month that one joins. Your support—at any level—is vital to the success of At Home in Greenwich. We are grateful for the many generous contributions we have already received. To request a membership application, please call us at 629.2822 x3141.

### **BENEFITS OF MEMBERSHIP:**

#### ***What will I get for my \$500?***

We can't put a dollar value on the peace of mind that comes with knowing that a single phone call will help you deal with any problem, large or small, from a medical situation to a leaky faucet. And we can't put a price on the new friends you'll meet at our social gatherings and cultural outings. However, here are some of the dollars and cents benefits you will enjoy as a member of At Home in Greenwich:

- **Generations Platinum Membership at Greenwich Hospital (\$65 value)**

This entitles you to free nutritional counseling and diabetes self-management education as well as discounts on family caregiver consultations, memory screenings, medication reviews, yoga and tai chi classes, massage...and more.

- **Discounts on home and garden maintenance services, home health care services, and more as we continue to grow.**

## GREENWICH'S TOP TALENT

At the helm of our growing organization and community of friends are Marilyn Chou, Betty Hauptman, Phyllis Herman, Morley Kahn, Gerry Mayfield, Nancy Platt, and Hugh Taggart whose vision and hard work over the past year and a half have turned At Home in Greenwich from a dream into a reality. Lise Jameson, LCSW, Manager of Friendly Connections, is our liaison with Family Centers, which has given us a temporary home and helped us in innumerable ways.

Dozens of enthusiastic volunteers have been putting their heads together in recent months, checking out home health care and home maintenance services, studying where the gaps are in the myriad services already offered to Greenwich residents, and coming up with exciting program ideas to make AT HOME IN GREENWICH a vital and vibrant community. Stephanie Paulmeno, Director of Community Health Planning at the Greenwich Department of Health, is heading our Home Health Care Committee. She and her committee are in the process of doing in-depth analyses of several home health care options. Polly Memhard is checking into home and garden maintenance providers. Publicity releases by Louise Stix and Louise Herz are spreading the good news about At Home in Greenwich, and we are grateful for all the efforts put in by our membership committee. If you would like to host a gathering of potential At Home in Greenwich members in your home, a board member will be happy to make a presentation. Call Marilyn Chou at 863.9655.

This attractive newsletter, our logo, and all our other publications have been designed by Mindy Lang Andrusko, Director of the Design Center at Cooper Union. Thanks to Mary Ann and Norman Hoberman, our website ([www.athomeingreenwich@familycenters.org](mailto:www.athomeingreenwich@familycenters.org)) is up and running.

**Social and Cultural Activities** We are so fortunate to have Janice Calkin, who comes to us from her 27-year stint as Director of Greenwich Continuing Education as our Program Co-Chair.

Just take a look at the Interest Survey enclosed with this newsletter (please note your preferences and return to us promptly!). Whether your passions are literature or music, playing bridge or playing golf, dining out or cooking in, we want to make it easy for you to follow your interests, make new friends, and perhaps try something you've never done before. There will be trips to museums, concerts, and the theatre...with carpools arranged or transportation often provided. We have already scheduled a monthly Nutrition Chat and trips through the Chinese markets in White Plains and New York.

And that's just the tip of the iceberg of programs and benefits that AT HOME IN GREENWICH will bring you.

### **NEXT MEMBERSHIP MEETING**

**SATURDAY, NOVEMBER 17 AT 10AM**

**GREENWICH LIBRARY MEETING ROOM TELL YOUR FRIENDS!**

**Questions? Call 629.2822 x3141** [athomeingreenwich@familycenters.org](mailto:athomeingreenwich@familycenters.org)